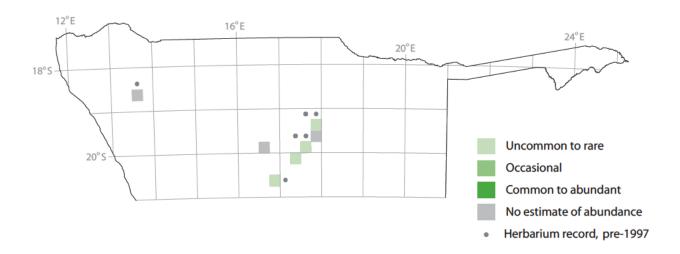
## Pouzolzia mixta

# Snuggle-leaf

Soap nettle (E); seepnetel (A); ondomo (H)

[14 records from 7 (<1%) squares]

Shrub. Bark younger branchlets densely velvety with short hairs. Leaves simple, ovate, soft-textured; discolourous – dark green with sparse hairs above, and densely silvery-felty below; Fruit a small nut enveloped in papery, persistent flower parts.



### DISTRIBUTION & ABUNDANCE

Rare in the eastern Karstveld and near the Waterberg; one record from the north-western escarpment (CUR1/1548). This species was recently recorded on the Omavanda Plateau, Baynes Mountains (1713AA) (CUR1, identified by Braam van Wyk).

#### **HABITAT**

Rocky hill slopes and hilltops; generally on dolomite.

### **GROWTH FORM**

Mainly a shrub less than 1 m high, but one record as a stand of shrubby trees over 3 m.

### ANNUAL CYCLE

FLOWERS November, December, February and April. FRUIT February and April. LEAVES present December to April, bare in July, no other months recorded.

### GENERAL

Root is used medicinally.

### CONSERVATION CONCERNS

None recorded.