

*Carissa edulis*

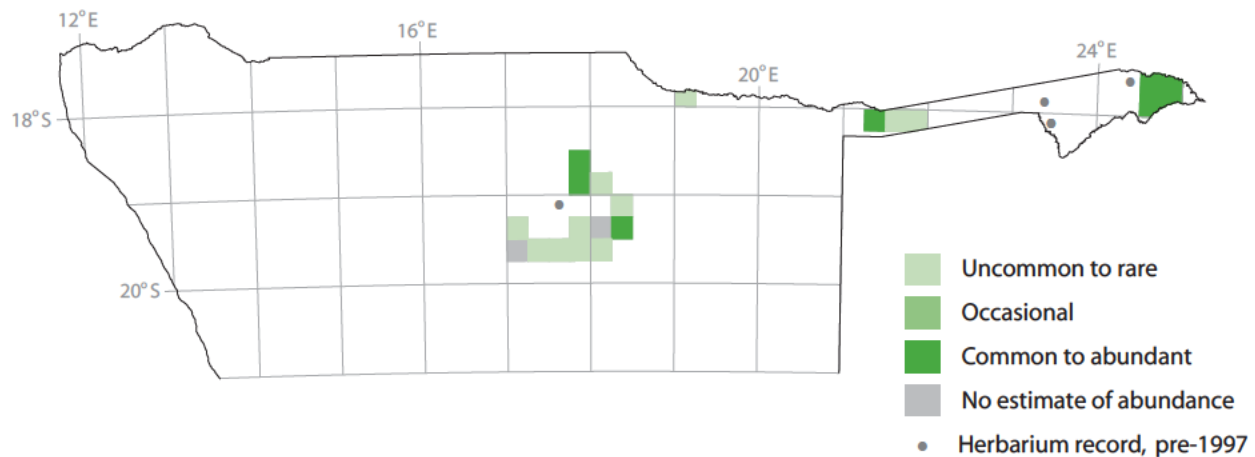
## Simple-spined Carissa

Climbing num-num (E);  
enkeldoringnoemnoem (A)

[37 records from 21 (2%) squares]

Shrub or scrambler. BARK on young branchlets dark green with dense, white covering. THORNS **paired, unbranched**. LEAVES ovate to broadly elliptic. FLOWERS **white to lilac; petals overlapping clock-wise**. FRUIT **5–7 mm in diameter, black when ripe**.

Flowers and fruit are conspicuous. Can be confused with *C. bispinosa*, but *C. edulis* has unbranched thorns, petals that overlap clockwise and black fruit.



## DISTRIBUTION &amp; ABUNDANCE

Disjunct distribution and generally un-common, but common in eastern Caprivi and locally abundant along the river bank in 1817DD; rare on the Rundu-Nkurenkuru road; occasional in the Popa Falls-Mahango Game Reserve area.

## GENERAL

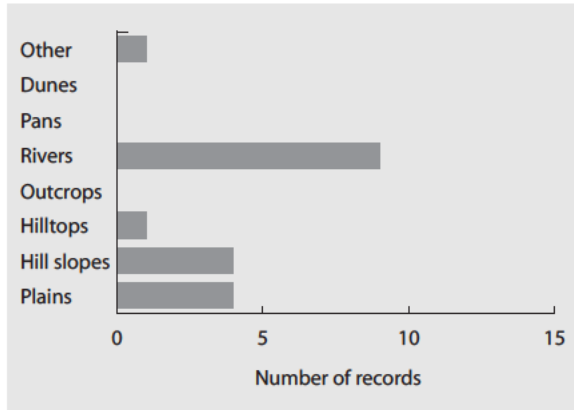
The branches are used as fencing material. The fruit is edible, juicy and sweet; it can be fermented to make vinegar. The crushed roots smell of turpentine and are widely used in traditional medicines.

## CONSERVATION CONCERNS

None recorded.

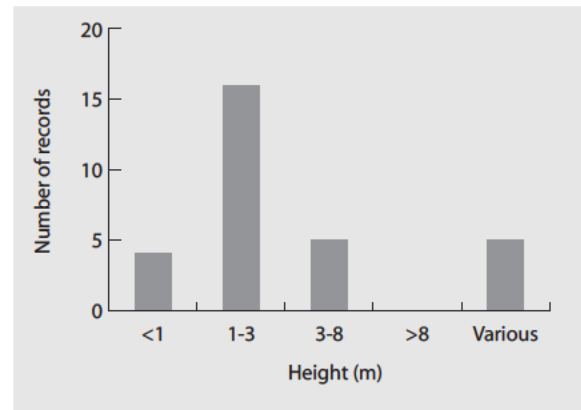
## HABITAT

Mainly found along rivers; on hill slopes and plains in the Karstveld; on floodplains in Caprivi and along the Okavango River.



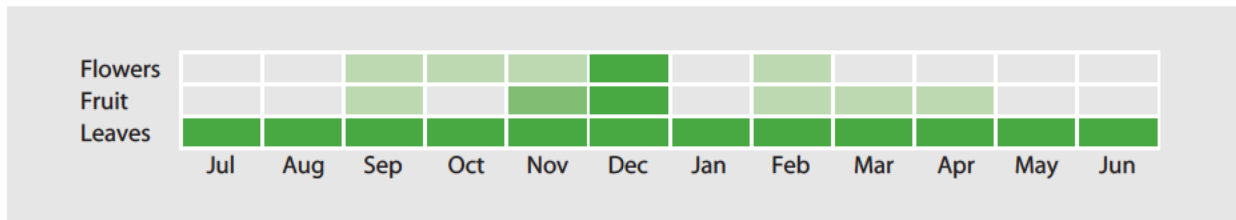
## GROWTH FORM

Mainly a shrub of 1–3 m high, occasionally a tree over 3 m.



## ANNUAL CYCLE

FLOWERS September to February. FRUIT September to April. LEAVES evergreen; old leaves recorded from July to September.



*Nuxia oppositifolia* Continued from page 541:

## GROWTH FORM

A shrub or shrubby tree up to 3 m and more.

## ANNUAL CYCLE

FLOWERS recorded in April, June, August, October and November (including herbarium records). FRUIT none recorded. LEAVES recorded in March, April and August (the only months of observation).

## CONSERVATION CONCERNS

None recorded.

## *Nuxia congesta* | Common wild elder

Shrub or small, evergreen tree. Leaves 3-whorled. Flowers in crowded terminal heads.

A new record for Namibia from Omavanda Plateau, Baynes Mountains (1713AA) (van Jaarsveld, 17484).