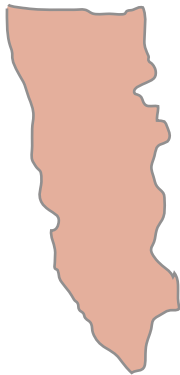


# Integrated Water Resources Management



**Tsondab-Koichab  
River Basin**



# About this booklet

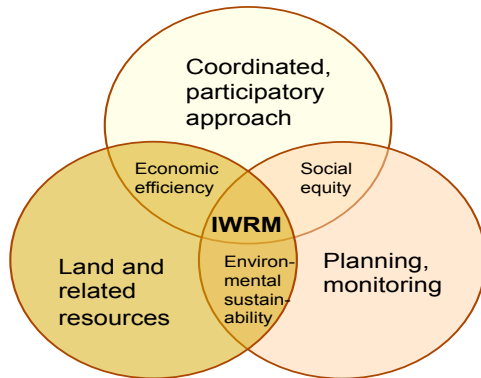
This booklet is intended for all water users to encourage awareness of the water sources, water use and its values, especially in a dry country as Namibia. There are no perennial rivers within the borders of Namibia and water resources are very unevenly distributed across the country. The water resources challenges in Namibia can only be addressed through efficient water resources management including development of an integrated framework and provision of infrastructure to ensure water security. In this regard, this booklet is compiled for the Ministry of Agriculture, Water and Forestry to introduce the concept of Integrated Water Resources Management (IWRM) and how it can be implemented with emphasis on stakeholder participation and decision making at the lowest appropriate level. The contents of the booklet includes:

<b>What is IWRM and why is it important?</b>	<b>3</b>
<b>Welcome to the Tsondab-Koichab River Basin</b>	<b>4</b>
<b>Where does the water in the basin come from?</b>	<b>5</b>
<b>Who supplies and manages the water in the basin?</b>	<b>6</b>
<b>Who uses water and how?</b>	<b>8</b>
<b>Water demand management- how to use water more efficiently</b>	<b>10</b>
<b>Water quality</b>	<b>14</b>
<b>Water sanitation and hygiene</b>	<b>15</b>
<b>Challenges of IWRM in the basin</b>	<b>16</b>
<b>Future of water in the basin</b>	<b>17</b>
<b>Basin mangement related information</b>	<b>18</b>
<b>Acknowledgements</b>	<b>20</b>

# What is IWRM and why is it important?

Integrated Water Resource Management (IWRM) is defined as a process that promotes the coordinated development, management and use of water, land and related natural resources (people, vegetation, animals and eco-systems) for economic, social and environmental sustainability. The IWRM process further involves participatory approaches which include discussions, planning and negotiations between stakeholders of the basin on important issues to achieve social equity, economic efficiency and environmental sustainability.

IWRM is implemented at a basin level in Namibia, linking all aspects of the basin, so that the users can understand the interactions between resource use, economic value and conservation, as well as the impacts of their activities on eco-systems and the goods and services they provide.



The Department of Water Affairs and Forestry (DWAF) in the Ministry of Agriculture, Water and Forestry (MAWF), assisted by a Steering Committee representing various sectors, formulated an IWRM Plan (IWRMP) for Namibia.

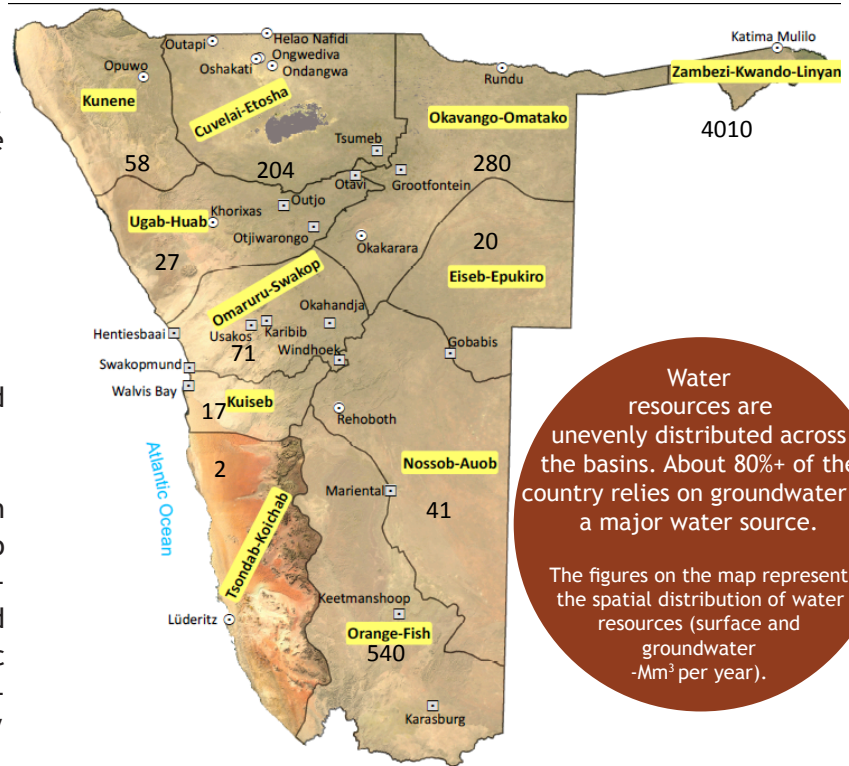
The knowledge gained from the IWRM process, enables the stakeholders to understand the threats, prescribe mitigation measures and predict changes, and then manage them accordingly.

# Welcome to the Tsondab-Koichab River Basin!

Water and land resources management in Namibia is carried out at the lowest management level, known as the basin level, to broaden the management process.

Hence, Namibia is divided into 11 water management areas referred to as “water basins” according to the common drainage flows of major water sources such as rivers, groundwater systems (aquifers), water supply canals and pipelines.

The **Tsondab-Koichab River Basin** is located in the south of Namibia across parts of the Hardap and Karas regions and is divided into three sub-basins namely Tsondab, Tsauchab-Sossusvlei and Koichab. The basin is bordered by the Atlantic Ocean on west, with the Kuiseb and Orange-Fish river basins on its northern and eastern/southern borders respectively.



Water resources are unevenly distributed across the basins. About 80%+ of the country relies on groundwater as a major water source.

The figures on the map represent the spatial distribution of water resources (surface and groundwater -Mm<sup>3</sup> per year).

Map provided by Uazukuani Uazukuani, National Planning Commission - Central Bureau of Statistics, February, 2010

## Where does the water in the basin come from?

The water comes from ephemeral surface water and groundwater.

The basin is characterized by westward flowing **ephemeral rivers** (rivers that only flow for a short period following heavy rainfall). These are the **Tsondab** and **Tsauchab**, originating in the Naukluft Mountains that feed into large pans (Tsondabvlei and Sossusvlei) and associated groundwater systems in the desert sands of the Namib. Other smaller rivers in the basin include the **Tsaris** and **Koichab**. The Koichab river contains a large **alluvial aquifer** (groundwater associated with a river) that supplies Luderitz.

Rainfall of the basin is low and unreliable with high evaporation rates. Rainfall ranges from 100 mm to less than 50 mm per year across the basin area.



## Who supplies and manages the water in the basin?

The institutions responsible for water resources are divided into the following categories for ensuring efficient and effective management thereof:

- **Overall water resource inventory, monitoring, control, regulation and management:** Directorate of Resources Management within the Ministry of Agriculture, Water and Forestry (MAWF).
- **Bulkwater supply:** Namibia Water Corporation (NamWater) abstracts water from primary sources (eg. rivers, aquifers or dams) and supplies to some end-users directly.
- **Self-providers:** These are commercial farmers, tour operators, mines and nature conservation parks), subject to appropriate agreements and licences, supply their own water.
- **Water supply to urban areas:** Local Authorities and Regional Councils buy water from NamWater or supply water from own boreholes for delivery to end users.

The Constitution of the Republic of Namibia is the primary law for sustainable resource management and equal distribution of water to the people. Specific documents dealing with water management include the: Water and Sanitation Policy of 1993; Namibia Water Corporation (NamWater) Act of 1997; National Water Policy White Paper of 2000; Water Act 54 of 1956 and Regulations, soon to be replaced by the Water Resources Management Act (2004) [which has not yet entered into force and is currently under revision] and the Water Supply and Sanitation Sector Policy of 2008.



For further  
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Affairs and Forestry,

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The Water Resources Management Act makes provision for the establishment of basin management committees (BMCs) to make sure that integrated management takes place at the basin level. The role of a BMC is to provide scope for addressing various issues affecting water resources in the basin, ranging from efficient water use to monitoring the health of the basin.

The aim of such a committee is to equip basin communities (encouraging gender equality where possible) to take full ownership of their own development (through developing a strategic basin management plan) with strong support from the relevant service providers. The committee is ideal for knowledge and experience sharing to realize a common vision for the basin, through IWRM principles such as stakeholder participation, transparency and information sharing.

The process of establishing basin management committees is currently being implemented in phases and thus the Tsondab-Koichab Basin Management Committee is still pending, based on demand and priority assessments.

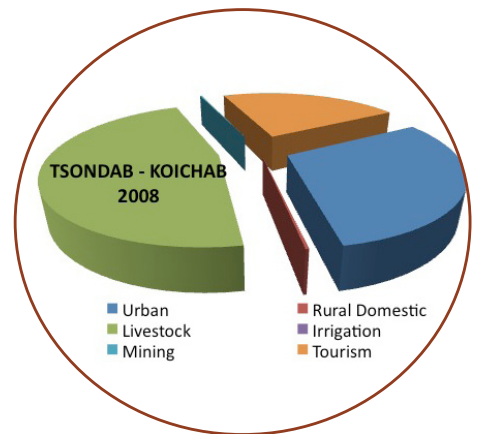
## Who uses water and how?

The supply of water from surface and groundwater resources to competing demands is prioritised in Namibia. The first is water for domestic purposes (including livestock water for both subsistence and commercial farming) and the second is water for economic activities such as mining, industries and irrigation.

Most of the basin is demarcated as a national park (Sperrgebiet National Park and Namib-Naukluft park) and a private conservancy area, due to its desert landscape and pristine natural environment.

The basin is famous for its tourist attraction areas and wildlife (for example gemsbok, springbok or creatures like beetles and lizards) found at places such as:

- Naukluft Mountains, which contain numerous springs and small streams
- Tsondabvlei, supporting a large population of lapped-faced vultures
- Sossusvlei, known for its high dunes and open waters after the rainy season.
- Sesriem Canyon, resulting from the down-cutting of the Tsauchab river
- Succulent Karoo vegetation, rated as one of the biodiversity hotspots in the world.



Water-use allocation in the Tsondab-Koichab Basin  
Source: IWRMP Joint Venture, Theme Report 2. 2010

**How much water do we require? (in terms of 10-litre buckets):**

- o One person uses on average 15 litres (one and half bucket) per day
- o One goat/sheep/koedoe/zebra/oryx drinks on average 12-45 litres (about one to four buckets) per day
- o One cow drinks on average 30 litres (three buckets) per day
- \*An average household of four people thus consumes 60 litres per day (6 buckets).



Other water-use activities in the basin include:

- Luderitz town, where the majority of the basin population is found (total estimate of 16 600 people). Water is pumped from Koichab aquifer mainly for domestic purposes (including Elizabeth Bay residents, total estimate of 1 050 people), but also to support the seaweed, crayfish and fishing industry
- Sperrgebiet, restricted diamond mining area along the coast
- Private farms pump water from boreholes for household and stock farming (including ostriches and camels) purposes. Approximately 60 farms are found in this area.

**The environment is a  
silent water user.  
Ecological water requirements  
are considered necessary  
to support the water sources to  
maintain the  
ecosystems dependent on  
the water.**



# Water demand management - how to use water more efficiently

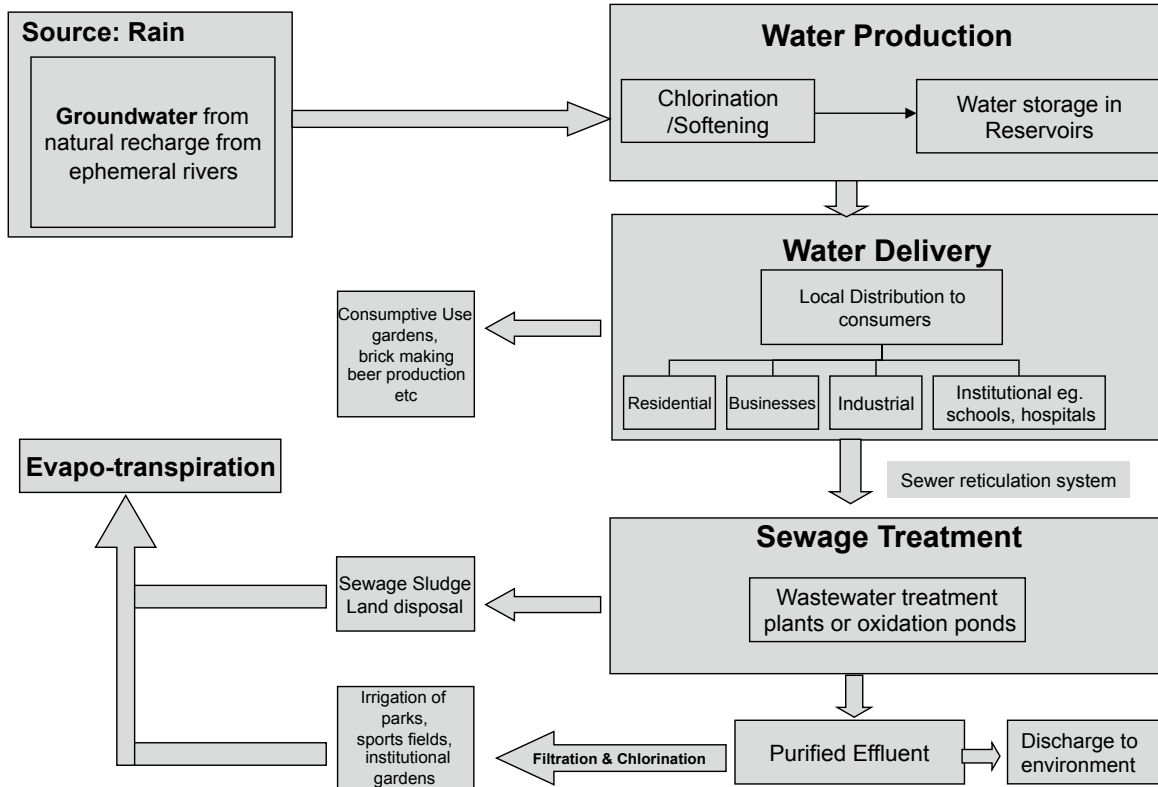
Water demand management (WDM) is a very important part of IWRM. WDM aims to improve water use efficiency by reducing water losses or changing the wasteful way people use water. WDM is an approach to achieve “water use efficiency”. WDM is implemented through education and information; training; using economic and financial principles; water pricing and tariff policies (eg. rising block tariffs) and technical measures.

Abstraction from the Koichab river aquifer is highly controlled, since it is based on fossil water that cannot be recharged under present climatic conditions. Therefore stringent conservation measures are in place to protect the water source.

**Groundwater resources cannot yield more water over the long-term than what is replaced by rainfall, therefore the safe yield of alluvial aquifers in rivers should be determined to ensure sustainable use for current and future generations.**

The price of water supply services are determined by the cost to develop a water source; the distance the water has to be transported by pipeline/ canal, the treatment costs, storage of treated water, pipelines to the consumer and the topography which determines the pumping cost to supply the water.

The ability of Local Authorities to enforce credit control measures also influences water consumption.



*Water supply chain, showing the process from source to the tap of a household, is the basis on which water services are charged.*

Municipal costs to provide a household with water and sanitation services include charges for water collection from a source; water production (treatment of raw water to drinking water standards); water delivery to the consumer and wastewater treatment and disposal. Wastewater collection and treatment contribute to hygienic environments and form part of the water chain to prevent pollution in order to ensure that good water quality and sanitation is achieved. Therefore it is essential that water consumers PAY for water services to ensure continued quality and efficient service delivery.

In rural areas, the community based water management programme under the Directorate of Water Supply and Sanitation Coordination, established mechanisms for users to pay for water services. In addition, mechanisms for transparent and targeted subsidies for those who are unable to pay for water services are being considered. Local water point committees manage local aspects of water services, preventing issues such as illegal connections and vandalism to pipelines.



“The price for water services should be set in such a way that the price does not prevent consumers from obtaining sufficient water (quantity and quality) to meet fundamental domestic needs.”

Different ways to save water in urban households:

1. Schedule garden watering for early or late in the day (before 10 am and after 4 pm)
2. Avoid the use of hosepipes for cleaning pavements, floors or cars; instead use buckets
3. Make use of retrofits (replacement with equipment specifically designed to reduce water use) such as:

3.1 Low flush and dual flush cisterns that are being used more and more. Reducing the volume of existing toilet cisterns can be achieved by:

- \* Placing a 1 to 2 litre plastic bottle filled with water, or a brick wrapped in plastic, inside the cistern. This will decrease the volume of water held within it.

- \* Bending the swimmer arm inside the cistern downwards so that the inflow valve is shut off when the water reaches a lower level than previously.

4. Fix or report to the municipality any moisture or leak problems immediately. Most water leaks occur from toilet cisterns. A single leaking toilet cistern can lose up to 7 000 litres of water per day.
5. Explore rain water harvesting (collection and storage of rain from run-off areas such as roofs) options. Remember - the first flush of new rain should be run to waste, before collection starts.
6. Keep track of water usage by regularly reading the water meters.



**A Word of Caution:**  
It is important to seek good advice from a knowledgeable dealer as not all water-efficient fittings and devices are appropriate for every location. Also consider whether the fittings can withstand rough and frequent use.



## Water quality

The quality of water is determined by its aesthetic (colour, smell, turbidity), the chemical and the bacteriological quality. There is a direct link between water quality and health and therefore it is important to be able to differentiate between safe and unsafe water sources. Water quality is determined by both natural and human-induced contaminants (pollutants) that may have found their way into the water supply. Naturally, water contains varying concentrations of dissolved oxygen and other gases, microscopic living organisms, tiny particles of dead decaying organic matter, inorganic salts and sediments. The water is described to be highly saline when the concentration of salts dissolved in the water is high. This includes nitrates, fluorides, sulphates as well as sodium chloride and carbonates. Water with high salinity tastes salty and is usually called 'brackish' water. However, in most areas, the groundwater resources in the basin are of good quality, suitable for domestic and livestock purposes.

The quality guidelines for drinking water have been set out by the Department of Water Affairs and Forestry, Water Environment Division.

Groundwater monitoring is considered very important, not only to understand and identify water quality trends and related indicators, but also to determine the availability of acceptable quality water sources. The Geohydrology division in the MAWF is responsible for groundwater investigation and monitoring.



**Larger settlements quite often do not have any properly planned sewage treatment plants, nor do they have any well planned and maintained refuse dumps, which is often the major cause of groundwater pollution.**

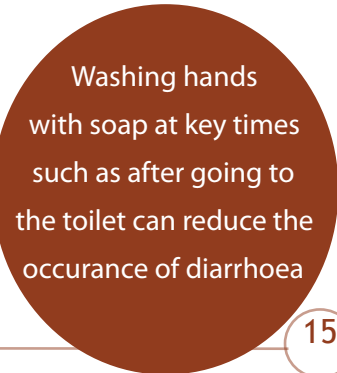
# Water sanitation and hygiene

Sanitation is vital for human health, generates economic benefits, contributes to dignity and social development, and protects the environment. Sanitation promotion focuses on stimulating demand for ownership and use of a physical good. Access to basic sanitation refers to access to facilities that hygienically separate human excreta from human, animal, and insect contact. Hygiene promotion focuses on changing personal behavior related to safe management of excreta, such as washing hands and disposing safely of household wastewater. Both are essential to maximize health benefits. Lack of sanitation facilities and poor hygiene cause water-borne diseases such as diarrhoea, cholera, typhoid and several parasitic infections. Provision has been made for both urban and sanitation management objectives and principles in the Water and Sanitation Sector Policy of 2008, to contribute towards improved health and quality of life.

Considering that Namibia is a water-scarce country, in most (rural and urban) instances, the most affordable individual household or community sanitation option are ecological or dry sanitation facilities, however where possible it should be left to the individuals to decide on the most appropriate technological and payment options as well as maintenance responsibility allocation.

The institutions responsible for water sanitation and hygiene are divided into the following categories:

- Public health issues and awareness: Ministry of Health and Social Services; Directorate of Water Supply and Sanitation Coordination within the MAWF; Regional Councils and Local Authorities
- Health policies and legislation: Ministry of Health and Social Services
- Advice and research on alternative sanitation options and development: Habitat Research and Development Centre



Washing hands with soap at key times such as after going to the toilet can reduce the occurrence of diarrhoea

## Challenges of IWRM in the basin

The IWRM challenges in the basin are linked with climate variability and associated changes. In particular, the basin is highly prone to the following challenges:

- Land degradation and deforestation: The topsoil of land contains valuable nutrients for vegetation to grow. When vegetation cover or trees are destroyed (either through high population growth or overgrazing due to high livestock concentrations in an area) the land becomes vulnerable and results in topsoil being easily blown away by wind; increased run-off (rainwater not infiltrating in the soil) and therefore causes loss of agricultural productivity (soil fertility).
- Bush encroachment: Invader bushes is the highest single consumer of groundwater in the upper basin area, with detrimental long-term consequences on the sustainability of groundwater resources and fodder availability.

Due to the arid and highly variable climate in Namibia, water resource managers and users have to focus on improving efficiency of water resource use through improvement of water demand management practices.





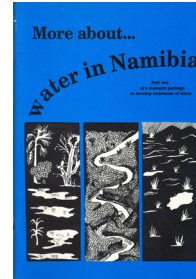
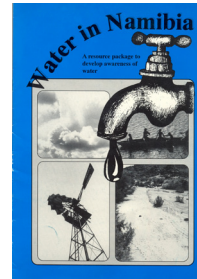
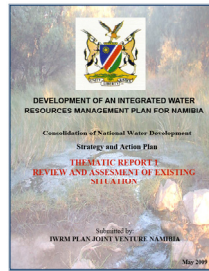
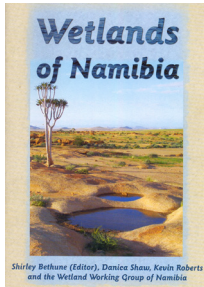
## Future of water in the basin

The biggest concern in this Basin is the lack sustainable recharge of the Koichab aquifer and therefore major development plans include exploring options of seawater desalination to supply Luderitz.

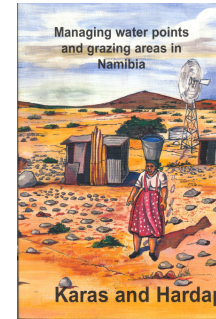
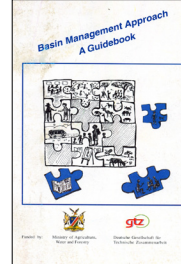
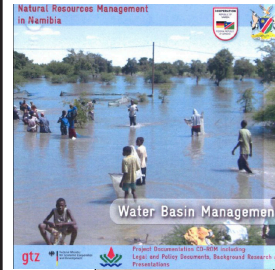
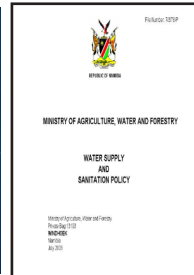
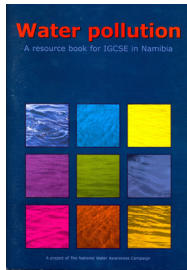
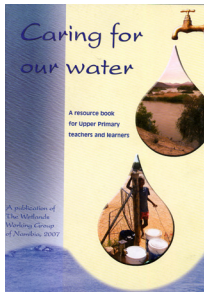
The wetlands (area where plants and animals are adapted to periodic presence of water) in the coastal area at Luderitz have been identified as a potential Ramsar site (in accordance with the Ramsar Convention of Wetlands of International Importance), but is not yet designated as such. Wetlands are beneficial in providing renewable natural resources (such wetland animals including fish, frogs, birds and vegetation) as well as ecological services such as erosion prevention, regulating local floods and facilitate aquifer recharge.

Increased tourist potential is expected in the Sperrgebiet due to future plans by the Ministry of Environment and Tourism to establish ecologically sensitive guided hiking trails, and guided drives, the opening of basic rest camps, admission to limited numbers of fossil and archaeological sites, and visits to diamond mines, a meteorite crater, shipwrecks, seal and seabird colonies. This might create a slight increase in water demand in the basin. Furthermore, plans for a water-front development project at Lüderitz are well on the way. This is projected to attract huge numbers of tourists to the area.





**Basin management related information:**



Note: some information used in this booklet is extracted from the above-mentioned material.

**The problem  
with water, though, is  
that the shortfalls don't  
show up until the very end.**

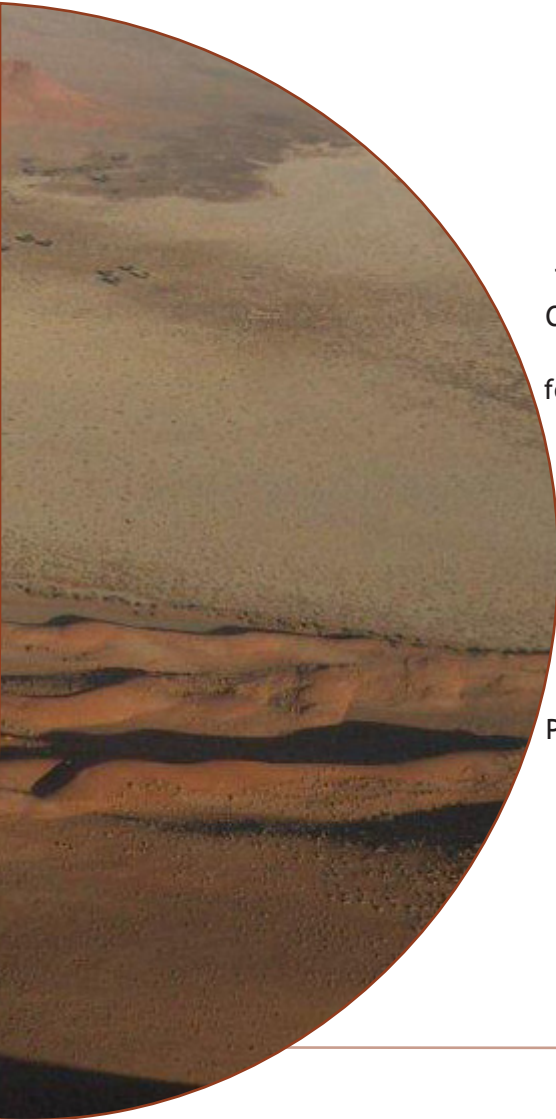
*-Lester Brown, quoted in  
interview in Audubon,  
Nov-Dec, '99*

Dublin Principles adopted  
for IWRM in Namibia

- I. Fresh water is a finite and vulnerable resource, essential to sustain life, development and the environment
- II. Water development and management should be based on a participatory approach, involving users, planners and policymakers at all levels.
- III. Women play a central part in the provision, management and safeguarding of water.
- IV. Water has an economic value in all its competing uses and should be recognized as an economic good.

Source: International Conference on Water and the Environment in Dublin, 1992.





## Acknowledgements

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Photo credit: Desert Research Foundation of Namibia;  
John Pallett, Manie le Roux

