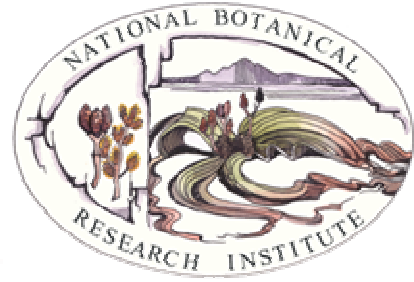


# Kew

PLANTS PEOPLE  
POSSIBILITIES



This report was generated from the SEPASAL database ([www.kew.org/ceb/sepasal](http://www.kew.org/ceb/sepasal)) in August 2007. This database is freely available to members of the public.

SEPASAL is a database and enquiry service about useful "wild" and semi-domesticated plants of tropical and subtropical drylands, developed and maintained at the Royal Botanic Gardens, Kew. "Useful" includes plants which humans eat, use as medicine, feed to animals, make things from, use as fuel, and many other uses.

Since 2004, there has been a Namibian SEPASAL team, based at the National Botanical Research Institute of the Ministry of Agriculture which has been updating the information on Namibian species from Namibian and southern African literature and unpublished sources. By August 2007, over 700 Namibian species had been updated.

Work on updating species information, and adding new species to the database, is ongoing. It may be worth visiting the web site and querying the database to obtain the latest information for this species.

## Internet SEPASAL

New query

Edit query

View query results

 *Display help*In names list include:  synonyms  vernacular names and display: All  names per page*Your query found 29 taxa*

## Cyperus longus L.

Family: CYPERACEAE

### Synonyms

Pycrus longus (L.)Hayek

### Vernacular names

Afrikaans (Namibia)	waterbiesie [ <a href="#">5083</a> ]
Afrikaans (South Africa)	dooiwortel [ <a href="#">5713</a> ], waterbiesie [ <a href="#">5303</a> ] [ <a href="#">5713</a> ]
English (South Africa)	sweet cyperus [ <a href="#">5713</a> ]
German (Namibia)	gemeines Zypergras [ <a href="#">5083</a> ]
Jul'hoan (Namibia)	!omn'lai [ <a href="#">5083</a> ], !um'mnlai [ <a href="#">5083</a> ] [ <a href="#">5101</a> ]
Ndebele (Southern Africa)	mlabie [ <a href="#">1340</a> ]
Otjiherero (Namibia)	onenge [ <a href="#">5083</a> ] [ <a href="#">5091</a> ]
Zulu (South Africa)	indawo [ <a href="#">5303</a> ]
Zulu (Southern Africa)	indawo [ <a href="#">1340</a> ]

### Partial distribution

Plant origin	Continent	Region	Botanical country
Native	Africa	East Tropical Africa	Kenya [ <a href="#">6544</a> ], Tanzania [ <a href="#">6544</a> ]
		Northern Africa	Egypt
		South Tropical Africa	Mozambique [ <a href="#">5480</a> ], Zambia [ <a href="#">5481</a> ], Zimbabwe [ <a href="#">5419</a> ]
		Southern Africa	Botswana [ <a href="#">5104</a> ] [ <a href="#">5700</a> ] [ <a href="#">5713</a> ], Cape Province [ <a href="#">5104</a> ] [ <a href="#">5713</a> ], Lesotho [ <a href="#">5104</a> ] [ <a href="#">5550</a> ] [ <a href="#">5713</a> ], Namibia [ <a href="#">5104</a> ] [ <a href="#">5149</a> ] [ <a href="#">5183</a> ] [ <a href="#">5713</a> ], Natal [ <a href="#">5104</a> ] [ <a href="#">5713</a> ], Orange Free State [ <a href="#">5104</a> ] [ <a href="#">5713</a> ], Swaziland [ <a href="#">5104</a> ] [ <a href="#">5452</a> ] [ <a href="#">5713</a> ], Transvaal [ <a href="#">5104</a> ] [ <a href="#">5713</a> ]
	Asia-Temperate	Western Asia	Israel
	Europe		

**ISO countries:** India [[5713](#)] , South Africa [[5104](#)]

## Descriptors

Category	Descriptors and states
DESCRIPTION	Herb [ <a href="#">5104</a> ]; Tussock Forming/Tufted/Caespitose [ <a href="#">5091</a> ]; Bulbous; Aquatic [ <a href="#">5123</a> ]; Erect [ <a href="#">5123</a> ]; Rhizomatous [ <a href="#">5123</a> ]; Perennial [ <a href="#">5104</a> ] [ <a href="#">5123</a> ] [ <a href="#">5303</a> ]; Stoloniferous [ <a href="#">5303</a> ] [ <a href="#">5713</a> ]; Fragrant - 'roots' [ <a href="#">5091</a> ]; Plant Height 0.1-1.7 m [ <a href="#">5104</a> ]
CLIMATE	Subtropical, Hot and Arid [ <a href="#">5104</a> ]
SOILS	Limestone Parent Material [ <a href="#">5101</a> ]; Sometimes Waterlogged (frequency unknown) [ <a href="#">5123</a> ]; Alluvial Soils [ <a href="#">5123</a> ]; Sandy [ <a href="#">5123</a> ]; Seasonally Waterlogged [ <a href="#">5713</a> ] [ <a href="#">6544</a> ]; Sandy Loams [ <a href="#">5123</a> ]; Silts [ <a href="#">5123</a> ]
HABITAT	Woodland [ <a href="#">5123</a> ]; Shrubland/Bushland/Scrub [ <a href="#">6544</a> ]; Grassland/Forb-Land [ <a href="#">5303</a> ] [ <a href="#">5713</a> ] [ <a href="#">6544</a> ]; Watercourses [ <a href="#">5091</a> ] [ <a href="#">5123</a> ] [ <a href="#">5713</a> ]; Vlei/Dambo/Seasonally Flooded Grassland [ <a href="#">5303</a> ] [ <a href="#">5713</a> ] [ <a href="#">6544</a> ]; Pans [ <a href="#">5101</a> ] [ <a href="#">5123</a> ]; Altitude 15-1800 m a.s.l. [ <a href="#">5104</a> ]
PRODUCTION AND VALUE	Wild Plants Utilised [ <a href="#">5091</a> ] [ <a href="#">5101</a> ]; Traded Locally [ <a href="#">5095</a> ]
FURTHER DATA SOURCES	Botanical Illustration [ <a href="#">5303</a> ] [ <a href="#">6544</a> ]; Databases [ <a href="#">5123</a> ]; Grid Map [ <a href="#">5123</a> ] [ <a href="#">5303</a> ]
CHEMICAL ANALYSES	Poisonous Compounds - sap/leaf sap [ <a href="#">1340</a> ] [ <a href="#">5303</a> ]

## Uses

Major use	Use group	Specific uses
FOOD ADDITIVES	'Roots'	spices
ANIMAL FOOD	Aerial Parts	unspecified aerial parts, mammals, grazing [ <a href="#">5091</a> ] [ <a href="#">5123</a> ]
MATERIALS	Unspecified Materials	'roots', perfumes
	Fibres	rhizomes, necklaces [ <a href="#">5091</a> ]
	Other	rhizomes, cosmetics [ <a href="#">5101</a> ]
	Materials/Chemicals	
MEDICINES	Unspecified Medicinal Disorders	'roots'; tubers/tubercles, humans, external applications [ <a href="#">1340</a> ]
	Digestive System Disorders	humans, stomach [ <a href="#">5303</a> ] [ <a href="#">5713</a> ]; tubers/tubercles, humans, stomach, enemas [ <a href="#">1340</a> ]
	Infections/Infestations	humans, colds [ <a href="#">5303</a> ] [ <a href="#">5713</a> ]; tubers/tubercles, humans, nose, colds, external applications [ <a href="#">1340</a> ]; tubers/tubercles, humans, ears, colds, external applications [ <a href="#">1340</a> ]; tubers/tubercles, humans, nose, colds, oral ingestion [ <a href="#">1340</a> ]; tubers/tubercles, humans, ears, colds, oral ingestion [ <a href="#">1340</a> ]
	Metabolic System Disorders	humans, diaphoretic [ <a href="#">1340</a> ]

## Picture

None recorded

## Notes

## DISTRIBUTION

*Botswana:*

Var. longus [5700] .

*Mozambique:*

Var. tenuiflorus in Maputo and Zambezia Provinces [5480] .

*South Africa:*

Var. longus in Mpumalanga, KwaZulu/Natal and Eastern Cape Provinces. Var. tenuiflorus in Limpopo, Northwest, Gauteng, Mpumalanga, Free State, KwaZulu/Natal, Northern Cape, Western Cape and Eastern Cape Provinces [5104] .

*Stems:*

Culms only slightly swollen at the bases, usually solitary, 0.6-0.9 m tall, 1-4 mm thick, terete below, 3-angled above, smooth [5713] .

*Swaziland:*

Var. longus [5452] .

*Zimbabwe:*

Var. tenuiflorus [5419] .

## DESCRIPTION

*Height:*

0.6-0.8 m [5303] .

*Height:*

Var. longus 0.1-1.7 m. Var. tenuiflorus 0.3-1.06 m [5104] .

*Inflorescence:*

Simple or compound, of 1 sessile and 4-8 stalked spikes with or without secondary spikes. Rays very unequal, up to 100 mm long [5713] .

*Leaves:*

Several. Sheaths light to dark reddish-brown. Blades withering early, usually shorter than the culm, 150-300 mm long, (2-) 6-10 mm wide [5713] .

*Lifeform:*

Cyperoid, helophyte [5104] .

*Lifeform:*

Sedge [5123] .

*Stolons:*

Rather stout, 3-5 mm thick, horizontal, often curved, bearing scales [5713] .

## ANIMAL FOOD - AERIAL PARTS

*Unspecified aerial parts, mammals, grazing:*

In Kaokoland (Namibia) it is grazed by livestock [5091] .

## MATERIALS - FIBRES

*Necklaces, rhizomes:*

The roots are plaited into necklaces worn by Himba women in northwest Namibia [5091] .

## MATERIALS - OTHER MATERIALS/CHEMICALS

*Cosmetics, rhizomes:*

The rhizome is ground and is used as a cosmetic powder [5101] .

## MEDICINES - UNSPECIFIED MEDICINAL DISORDERS

*Tubers, humans, external applications:*

The Zulu people blow the powdered tuber into the nose and ears for colds and other troubles in those regions [1340] .

## MEDICINES - DIGESTIVE SYSTEM DISORDERS

*Humans, stomach:*

Used in traditional medicine in Natal to treat stomach ailments in children [5303] .

*Tuber, humans, stomach, enemas:*

The tuber is used by the Zulu in preparing an enema for children with stomach troubles [1340] .

## **MEDICINES - INFECTIONS/INFESTATIONS**

*Tubers, humans, nose, ears, colds, external applications, oral ingestion:*

The Zulu people blow the powdered tuber into the nose and ears for colds. It may also be chewed for the same purposes [1340] .

## **TOXICITY/POISONOUS COMPOUNDS**

The juice of the plant is said to be poisonous and is said to burn the skin when applied to it [1340] .

## **CONSTRAINTS - MISCELLANEOUS**

Sap reputed to be poisonous [5303] .

The juice of the plant is said to be poisonous and is said to burn the skin when applied to it [1340] .

## **ALTITUDE**

*East Africa:*

150-1200 m [6544] .

*Southern Africa:*

15-1800 m [2830] .

*Southern Africa:*

Var. 15-1800 m. Var. 245-1340 m [5104] .

## **TOPOGRAPHY/SITES**

*Natal:*

In shallow, periodically inundated depressions in grassland, usually rooted where water is deepest [5303] .

## **VEGETATION**

*East Africa:*

In grassland or bushland [6544] .

## **FLOWERING/FRUITING/SEED SET**

*Flowering, southern Africa:*

November to March [5713] .

## **CYTOLOGY**

For the genus  $x = 5, 8, (6, 7, 9, 13)$ (high aneuploids, high polyploidy) [5150] .

## **ACKNOWLEDGEMENTS AND DATASHEET PROGRESS**

Updated for southern Africa by E. Irish, checked by C. Mannheimer; SEPASAL Namibia, National Botanical Research Institute, March 2007 .

---

## **References**

- [1340] Watt, J.M. and Breyer-Brandwijk, M.G. 1962. *The medicinal and poisonous plants of southern and eastern Africa*. Edinburgh and London: E. and S. Livingstone. ix, 1457p. En. 2nd ed.
- [2830] Cook, O.F. 1976. Africa needs palms as tree crops. *The Scientific Monthly*. 31: 131-139. En. Cited in Francis, D., 1993. The systematic/economic botany of *Mauritia flexulosa* L.f. and *Hyphaene thebaica* (L.)Mart. Unpublished report. 71p.
- [5083] Craven, P. and Kolberg, H. In prep. *Common names of Namibian plants*. Windhoek.
- [5091] Malan, J.S. and Owen-Smith, G.L. 1974. The ethnobotany of Kaokoland. *Cimbebasia*. B,2: 131-178.
- [5095] Sullivan, S. 1998. *People, plants and practice in drylands: socio-political and ecological dimensions of resource-use by Damara farmers in north-west Namibia*. London: University College London. Unpublished PhD. thesis.
- [5101] Giess, W. and Snyman, J.W. 1986. The naming and utilization of plantlife by the Žul'hōasi Bushmen of the Kau-kauveld. Pretoria: University of South Africa. Pp. 237-246.
- [5104] Germishuizen, G. and Meyer, N.L., eds. 2003. *Plants of southern Africa: an annotated checklist*. Strelitzia 14. Pretoria: National Botanical Institute.
- [5123] National Herbarium of Namibia. Undated. *Specimen Database (SPMNDB)*. Windhoek: National Botanical Research Institute of Namibia.
- [5149] Craven, P., ed. 1999. *Checklist of Namibian plant species. SABONET Report No. 7*. Windhoek: Southern African Botanical Diversity Network.
- [5150] Leistner, O.A., ed. 2000. *Seed plants of southern Africa: families and genera. Strelitzia 10*. Pretoria: National Botanical Institute.
- [5183] Prodrromus einer Flora von Suedwestafrika. 1966-1972. J. Cramer, Lehre. Ge.
- [5303] Pooley, E. 1998. *A field guide to wild flowers Kwazulu-Natal and the Eastern Region*. Durban, South Africa: Natal Flora Publications Trust. 630p.
- [5419] Mapaura, A. and Timberlake, J., eds. 2004. *A checklist of Zimbabwean vascular plants. SABONET Report No. 33*. Pretoria and Harare: Southern African Botanical Diversity Network. iv, 148p.
- [5452] Braun, K.P., Dlamini, S.D.V., Mdladla, D.R., Methule, N.P. et al. 2004. *Swaziland flora checklist. SABONET Report No. 27*. Pretoria: Southern African Botanical Diversity Network.
- [5480] Da Silva, M.C., Izidine, S. and Amude, A.B. 2004. *A preliminary checklist of the vascular plants of Mozambique. SABONET Report No. 30*. Pretoria: Southern African Botanical Diversity Network. 183p.
- [5481] Phiri, P.S.M. 2005. *A checklist of Zambian vascular plants. SABONET Report No. 32*. Pretoria: Southern African Botanical Diversity Network. 167p.
- [5550] Kobisi, K. 2005. *Preliminary checklist of the plants of Lesotho. SABONET Report No. 34*. Pretoria and Roma: Southern African Botanical Diversity Network. 84p.
- [5700] Setshogo, M.P. 2005. *Preliminary checklist of the plants of Botswana. SABONET Report No. 37*. Pretoria and Gaborone: Southern African Botanical Diversity Network.
- [5713] Cook, C.D.K. 2004. *Aquatic and wetland plants of southern Africa*. Belgium: Backhuys Publishers.
- [6544] Haines, R.W. and Lye K.A. 1983. *The sedges and rushes of East Africa*. Nairobi: East African History Society. En.

SEPASAL's development has been funded by The Clothworkers' Foundation and its Internet development is funded by The Charles Wolfson Charitable Trust. Nutritional information on African wild foods is funded by Nestlé Charitable Trust.

All data © The Trustees of the Royal Botanic Gardens, Kew, 1999-2007 [Full copyright statement](#)

If you wish to cite SEPASAL, please read [this](#) first

To send us feedback and bug reports, please click [here](#)