

# NEWSPAPER ADVERTS

## MINING CLAIM 73017, ERONGO REGION

ago. caused by childhood traumas life many ways.

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### ENVIRONMENTAL IMPACT ASSESSMENT (EIA) NOTICE TO ALL INTERESTED AND AFFECTED PARTIES

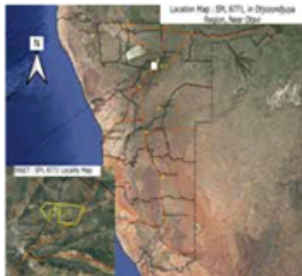
potentially interested and/or location will be made to the terms of Environmental Impact Assessment (EIA) Regulations for the proposed activity:

Exploration activities on region  
Ltd  
approximately 20 km north-east of

vi @ 2pm  
Environmental Consulting

Parties to register with this notice details with any issues, by 20 April 2023 to:

Environmental Consulting CC  
160  
www.eiec.com/  
enmail.com



### PUBLIC NOTICE

#### ENVIRONMENTAL IMPACT ASSESSMENT PROCESS FOR THE PROPOSED MINERALS PROSPECTING ACTIVITIES WITHIN EXCLUSIVE PROSPECTING LICENCE (EPL) 8729, OTJOZONDJUPA REGION

On behalf of the proponent, Alliance Environmental Consultancy CC (AEC) herewith gives notice in terms of the Environmental Management Act No. 7 of 2007 and Environmental Impact Assessment (EIA) Regulations for the proposed prospecting activities within EPL 8729, Otjozondjupa Region.

Proponent: Mr. Simasiku L. Kwenani

Commodities: Base and Rare Metals, Dimension Stone, Industrial Minerals, and Precious Metals

Locality: Approximately 40km South of Otjwarongo along the B1 main road on portions of Farms Kahlenberg 130, Omusema-Uare 129, Jourimba 131, Slagveld 158, Tottenham Oos 487, Ombu 487

All Interested and Affected Parties (I&APs) are hereby invited to register and submit comments duly motivated in writing on or before the 21<sup>st</sup> of April 2023. Registration and Background Information Documents (BID) for the project can be requested from the email address below.

Email: [info@enviro-aec.com](mailto:info@enviro-aec.com)  
Cell: +264857728929



### PUBLIC NOTICE

#### ENVIRONMENTAL IMPACT ASSESSMENT PROCESS FOR THE PROPOSED MINERALS PROSPECTING AND SMALL-SCALE MINING ACTIVITIES WITHIN MINING CLAIMS (MCs) 73098 & 73105, KHOMAS REGION

On behalf of the proponent, Alliance Environmental Consultancy CC (AEC) herewith gives notice in terms of the Environmental Management Act No. 7 of 2007 and Environmental Impact Assessment (EIA) Regulations for the proposed prospecting and small-scale mining activities within Mining Claims 73098 & 73105, Khomas Region.

Proponent: Mr. B. Ikfelwa and Mr. N. Tjombonde

Commodities: Base and Rare Metals, and Precious Metals

Locality: Approximately 70km southwest of Rehoboth near Nauchas settlement in the Windhoek Rural Constituency covering a total area of 27Ha within the boundaries of Farm Nauams 177

All Interested and Affected Parties (I&APs) are hereby invited to register and submit comments duly motivated in writing on or before the 21<sup>st</sup> of April 2023. Registration and Background Information Documents (BID) for the project can be requested from the email address provided below.

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Cell: +264857728929



11

### ENVIRONMENTAL IMPACT ASSESSMENT (EIA) FOR THE PROPOSED SUBDIVISION OF ERF 2446 INTO SEVEN (7) PORTIONS FROM "PUBLIC OPEN SPACE" TO "SINGLE UNIT RESIDENTIAL" IN OKAHAO EXTENSION 9, OMUSATI REGION.

All Interested and Affected Parties (I&APs) that applications for Environmental Clearance Certificate will be submitted to the Environmental Commissioner in terms of the Environmental Management Act (Act No. 07 of 2007) for the following activities:

1. Erf 2446 and Rezoning of the seven (7) resulting portions from "Public Open Space" to "Single Unit Residential".

2. On 9, Omusati region

3. Real Dealer cc

4. Environmental Consultants cc

The proponent intends to apply for the subdivision of Erf 2446 into and rezoning of seven (7) resulting portions (A-G) from "Public Open Space" to "Single Unit Residential". In terms of the Environmental Management Act (Act No. 7 of 2007) of land zoned "Public Open Space" to any other land use category, an EIA being undertaken. I&APs are hereby invited to register and submit comments to the Background Information Document (BID), and send their comments to



### CALL FOR PUBLIC PARTICIPATION

#### ENVIRONMENTAL ASSESSMENT FOR PROPOSED EXPLORATION OF BASE AND RARE METALS, AND PRECIOUS METALS ON MINING CLAIMS 73017, 73026 AND 73745 IN ERONGO REGION.

This notice serves to inform potential interested and affected parties that an application for Environmental Clearance Certificate will be made to the Environmental Commissioner in terms of the Environmental Management Act (Act No. 7 of 2007) and its Regulations of 2012 as follows:

Project: Proposed Exploration of Base and Rare Metals and Precious Metals.  
Location: Karibib District in Erongo Region.

Public Participation Meeting information will be communicated to all registered interested and affected parties.

All Interested and Affected Parties (I&APs) are invited to register and submit comments/suggestions in writing to the below email address by requesting the Background Information Document no later than 31 March 2023.

**T**he World Health Organization says that depression is a widespread mental illness. According to estimates, the condition affects 5% of adults worldwide.

It is characterized by persistent sadness and a lack of interest or pleasure in previously rewarding or enjoyable activities.

Moreover, it may impair appetite and sleep. The root causes of depression are frequently complex, including both risk factors from the environment and genetics. Certain stressors or conditions might act as triggers, resulting in recurring major depressive episodes.

While targeted therapy and medication help many overcome or manage their symptoms of depression, these interventions do not work equally for everyone.

This has prompted researchers to search for novel approaches to depression treatment and symptom management, such as dietary interventions to treat or even prevent various medical conditions.

Dr Najaf Amin, a senior research associate in the Nuffield Department of Population Health at the University of Oxford in the United Kingdom, and her work colleagues examined

## Eating for flavour or health? Reasons why eating the right foods is good for your mental health



data from 1,133 Rotterdam Study participants to determine if there was a correlation between having symptoms of depression and the makeup of the

gut microbiota.

According to a study transferring the gut microbiota of depressed human patients to germ-free rats causes the recipient animals to exhibit behavioural and physiological traits that are typical of depression, suggesting that the gut microbiota may be involved in the contributing factors that lead to depression.

Why might diet be key?

Between 70 to 80 percent of our immune cells are in the gut. The microbiota of a healthy person provides protection from pathogenic organisms that enter the body such as through drinking or eating contaminated water or food. This

emphasises how closely linked gut health and the immune system are, and when out of balance, it is harder for the body to fight infection.

Dr Amin believes that diet may also play a role in "feeding" or reducing the expression and severity of depression symptoms.

Other studies show that dietary interventions can be a simple, self-empowering strategy to strive towards better mental health even though depression is a complicated disorder.

Avoid these:

- Processed foods
- Unhealthy food such as fizzy

drinks and fried foods

- Alcohol

**Eat this instead:**

Increase consumption of prebiotics such as leafy greens and probiotics like yoghurt and kimchi, which can help the gut's bacterial variety.

- Eggs
- Dairy
- Tofu
- Nuts and seeds
- Fermented foods
- Fruits and veggies
- Turkey

Fruits and vegetable vitamins, minerals, and antioxidants that nourish your body, been shown to boost ha,

11

**ENVIRONMENTAL IMPACT ASSESSMENT (EIA) FOR THE PROPOSED SUBDIVISION OF ERF 2446 AND REZONING OF SEVEN PORTIONS FROM "PUBLIC OPEN SPACE" TO "SINGLE RESIDENTIAL" OKAHAO EXTENSION 3, OMUSATI REGION.**

Notice is hereby given to all Interested and Affected Parties (I&APs) that applications for Environmental Clearance Certificate will be submitted to the Environmental Commissioner in terms of the Environmental Management Act (Act No. 07 of 2007) for the following activities.

**Project title:** Subdivision of Erf 2446 and Rezoning of the seven (7) resulting portions from "Public Open Space" to "Single Residential".

**Location:** Okahao Extension 3, Omusati region

**Proponent:** Epangelo General Dealer cc

**EAP:** Green Gain Environmental Consultants cc

**Project Description:** The proponent intends to apply for the subdivision of Erf 2446 into seven portions & remainder and rezoning of seven (7) resulting portions (A-G) from "Public Open Space" to "Single residential". In terms of the Environmental Management Act (Act No.07 of 2007), the rezoning of land zoned "Public Open Space" to any other land use cannot be undertaken without any EIA being undertaken. I&APs are hereby invited to register, request for Background Information Document (BID), and send their comments to [info@greengain.com.na](mailto:info@greengain.com.na) on or before **24 March 2023**.

**The need for a public meeting will be communicated to all registered I&APs.**

**Green Gain Consultants**

+264 81 142 2927  
info@greengain.com.na  
<http://www.greengain.com.na>



**EPIC Environmental Consultancy cc**

**CALL FOR PUBLIC PARTICIPATION**

**ENVIRONMENTAL ASSESSMENT FOR PROPOSED EXPLORATION OF BASE AND RARE METALS, AND PRECIOUS METALS ON MINING CLAIMS 73017, 73526 AND 73745 IN ERONGO REGION.**

This notice serves to inform potential interested and affected parties that an application for Environmental Clearance Certificate will be made to the Environmental Commissioner in terms of the Environmental Management Act (Act No. 7 of 2007) and its Regulations of 2012 as follows:

**Project:** Proposed Exploration of Base and Rare Metals and Precious Metals  
**Location:** Karibib District in Erongo Region.

Public Participation Meeting information will be communicated to all registered interested and affected parties.

All Interested and Affected Parties (I&APs) are invited to register and submit comments/suggestions in writing to the below email address by requesting the Background Information Document no later than **31 March 2023**.

**Communities:** base and rare metals, dimension stone, Industrial Minerals, and Precious Metals

**Locality:** Approximately 40km South of Otjiwarongo along the B1 main road on portions of Farms Kahlenberg 130, Omusema-Uarei 129, Jourimba 131, Slagveld 158, Tottenham Oos 487, Ombu 487

All Interested and Affected Parties (I&APs) are hereby invited to register and submit comments duly motivated in writing on or before the 21<sup>st</sup> of April 2023. Registration and Background Information Documents (BID) for the project can be requested from the email address below.

**Email:** [info@enviro-aec.com](mailto:info@enviro-aec.com)  
**Cell:** +264857728929



**Communities:** base and rare metals, and Precious Metals

**Locality:** Approximately 70km southwest of Rehoboth near Nauchas settlement in the Windhoek Rural Constituency covering a total area of 27Ha within the boundaries of Farm Nauams 177

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*Environmental Consultancy cc*

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**Project:** Proposed Exploration of Base and Rare Metals and Precious Metals.  
**Location:** Karibib District in Erongo Region.

Public Participation Meeting information will be communicated to all registered interested and affected parties.

All Interested and Affected Parties (I&APs) are invited to register and submit comments/suggestions in writing to the below email address by requesting the Background Information Document no later than **31 March 2023**.

### **NOTICE FOR ENVIRONMENTAL IMPACT ASSESSMENT**

Healthy Earth Environmental Consultants CC (HEEC) hereby gives notice to all potentially Interested and Affected Parties (I&APs) that an application will be made to the Environmental Commissioner in terms of the Environmental Management Act (No 7 of 2007) and Environmental Impact Assessment Regulations (GN 30 of 6 February 2012) for the following:

**PROJECT NAME:**

Environmental Impact Assessment (EIA) for the establishment of mining activities for Base and Rare metals and industrial minerals on mining claim 71718 at Uis covering a total area of 17.8072 Hectares in the Erongo Region, Namibia.

**PROJECTS LOCATION:**

The mining claim 71718 is situated at Uis, in the Erongo Region.

**PROJECT DESCRIPTION:**

The project involves conducting an Environmental Impact Assessments (EIAs) for the establishment of exploration activities for Base and Rare metals and Industrial minerals on mining claim 71718 at Uis in the Erongo Region.

**PROJECT INVOLVEMENT:**

**Proponent:** Mr. Darryl Sergio Gonteb

**Environmental Assessment Practitioner (EAP):** Healthy Earth Environmental Consultants CC (HEEC)

**REGISTRATION OF I&APs AND SUBMISSION OF COMMENTS:** In line with Namibia's Environmental Management Act (No. 7 of 2007) and EIA regulations (GN 30 of 6 February 2012), all I&APs are hereby invited to register and submit their comments, concerns or questions in writing via: Email: [askheec@gmail.com](mailto:askheec@gmail.com) on or before Monday 3<sup>rd</sup> April 2023. Communication with stakeholders & I&APs is preferred via email.

**Venue:** Uis Community Hall  
**Date:** Saturday 1 April 2023  
**Time:** 1100hours





### CALL FOR PUBLIC PARTICIPATION

#### **ENVIRONMENTAL ASSESSMENT FOR PROPOSED EXPLORATION OF BASE AND RARE METALS, AND PRECIOUS METALS ON MINING CLAIMS 73017, 73526 AND 73745 IN ERONGO REGION.**

This notice serves to inform potential interested and affected parties that an application for Environmental Clearance Certificate will be made to the Environmental Commissioner in terms of the Environmental Management Act (Act No. 7 of 2007) and its Regulations of 2012 as follows:

**Project:** Proposed Exploration of Base and Rare Metals and Precious Metals.

**Location:** Karibib District in Erongo Region.

Public Participation Meeting information will be communicated to all registered interested and affected parties.

All Interested and Affected Parties (I&APs) are invited to register and submit comments/suggestions in writing to the below email address by requesting the Background Information Document no later than **31 March 2023**.

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**PROJECT INVOLVEMENT:**

**Proponent:** Mr. Darryl Sergio Gonteb

**Environmental Assessment Practitioner (EAP):** Healthy Earth Environmental Consultants CC (HEEC)

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**Venue:** Uis Community Hall

**Date:** Saturday 1 April 2023

**Time:** 1100hours

